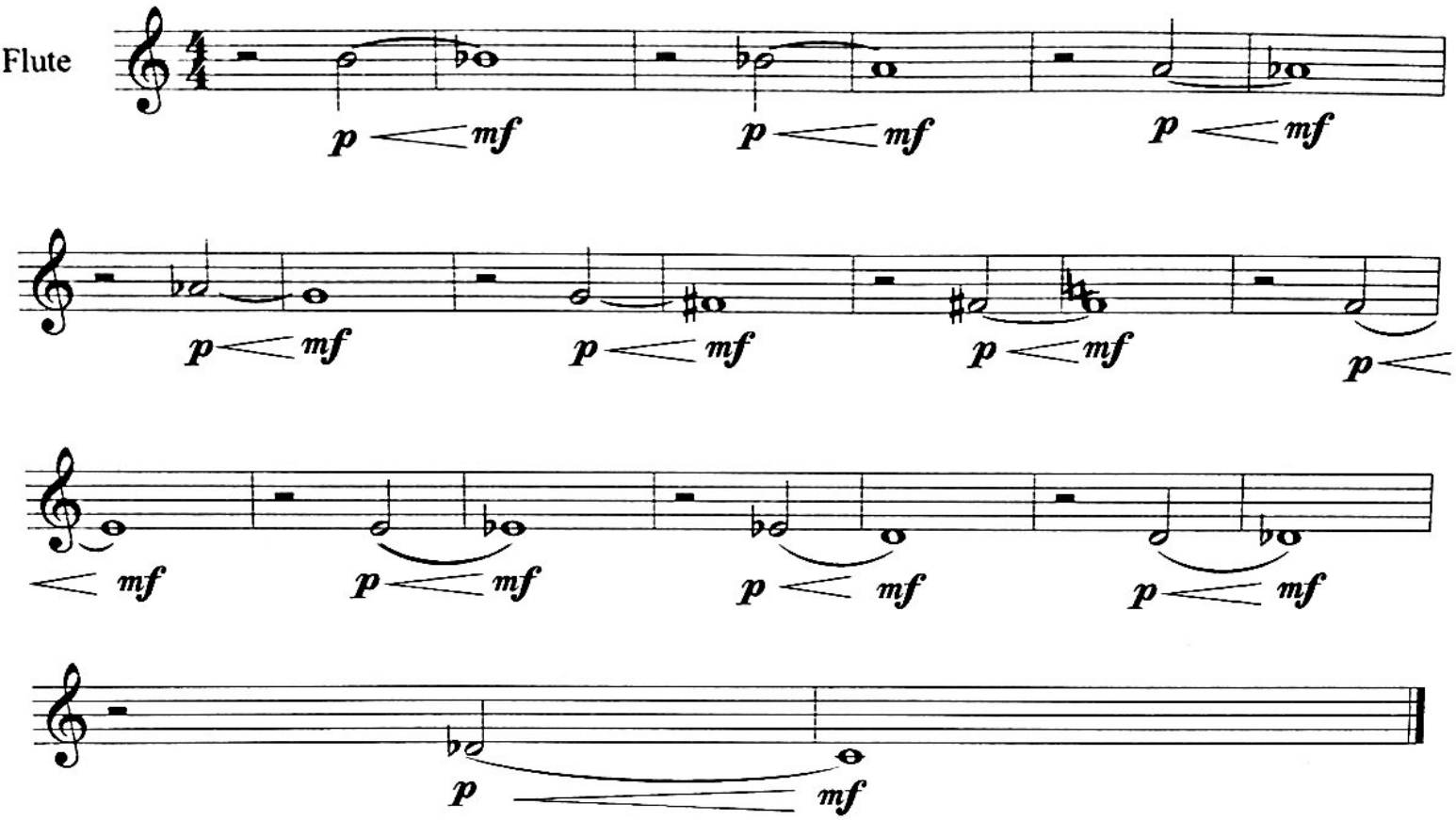
Tone Development for the Low Register

[Composer]



The purpose of this exercise is to gradually build your tone in the low register, please be patient and do not force the low notes.

When starting the note softly, be sure to pucker your lips as if blowing a kiss, angle the air across the flute and use cool, soft, slow air.

As you gradually increase the volume to the next note, gradually turn your embouchure into a subtle frown so that the angle of the air slowly changes to the downward direction (towards your left elbow, do NOT look down with your chin as you do this)and gradually increase the air speed. As you increase the air speed and angle the air lower, feel the air temperature go from cool to warm. Feel your abdomen engage as you increase the speed of your air.

I marked the highest volume at mf, this is because I do not encourage forcing the volume especially

during your warm ups. Please be patient, practice the exercise no longer than 5 to 10 minutes per day and make subtle improvements as you go. As you progress and if it feels comfortable, you may increase volume to forte or even fortissimo.

In the beginning, perhaps go only as low as is currently comfortable for you, maybe just to the low G , as you progress and feel more confident, gradually work your way down to the low C.

ABOVE ALL, BE PATIENT, AND KEEP YOUR PRACTICE FUN :D You can do it!

Good luck!